1: Gorer J-5 (1937)1938 AK5 Lepcha AK5

some of the community entirely from this pursuit, and even those who are not lamas feel a certain disclination to killing animals. The settled houses and the greater amount of ground under cultivation and increasing domestic herds make the necessity for wild animals less urgent, and the growing commitments of agricultural life give less time for hunting. Indeed nowadays if a young man wants to go hunting (and some of the more adventurous ones do) he usually has to sneak away when his elders are not looking, and is liable to get a good scolding when he does return for withdrawing his labour from the fields; of course if the father is a hunter the son would be encouraged, but in Lingthem the only consistent hunter was Ashyok *youmi*, the most conservative man of the village who still wore the Lepcha dress and the little straw hat with a feather in it, which was once the typical Lepcha headgear, and now practically only survives as an archaic and picturesque article of dress among the servants of the Maharajah. Moreover the presence in the neighbourhood of shops where grain can be bought considerably mitigates the stress of the hungry season just before the harvest, when formerly people used to be driven into the forest for food.

When a youth, usually about the age of fifteen, wants to start hunting, it is necessary for him to acquire a bow and arrows and also to learn the requisite ritual. In most cases he cannot get either the weapons or the instruction from his father, who would be angry at the boy withdrawing his labour from the fields; the weapons he will most probably get from an elder brother or uncle or a friend, the instruction from some learned old man, probably quite unrelated. The first few times he will go on a hunting-party without weapons, but from the moment he has been on one even though he has not killed he must make the requisite sacrifices. No ceremony is connected with his first kill but he himself must not eat a piece of this kill, nor of the first hundred animals he kills with his bow (animals killed with a gun do not count; they can always be eaten). Were he to eat the first hundred animals he would develop sores and leprosy; but after he has killed this number a hollow will develop in his shoulder blade and after that he can eat with safety. The earlier animals he takes home to his family who eat them, giving him some domestic food instead. The commonest game animals are various sorts of deer; when bears are trapped their flesh is eaten, but they are seldom caught nowadays; one reason is that sexual abstinence for three months after setting a trap is imposed on bear hunters (there is no similar abstinence for the hunting of any other animal); if this rule is not observed the bears will escape from the trap unharmed.

1: Gorer J-5 (1937)1938 AK5 Lepcha AK5

draws its knife in anger, if it tells lies or quarrels, it will be given a really severe thrashing, or otherwise hurt or frightened. The punishments are often proportionately more severe than they would be for a similar crime performed by an adult in order to act as a deterrent; badness is an inbred characteristic—the child is born 'with a bad heart'—and unless this badness is eradicated by education, especially from the parents, the child will become a socially undesirable adult. It is exceptional for children to be so drastically punished, and the great majority grow up without having any experience of such treatment.

At the same time as its moral education a child's technical education starts. Children are taught work techniques by being instructed to copy their elders, by verbal admonition, or by having their arms held while they are put through the appropriate gestures. Boys are especially taught agricultural work and mat weaving, girls spinning, the pounding and winnowing of grain and cooking. On occasion boys prefer to spin and do their mothers' work, and girls to copy their fathers; little attention is paid to this; as the children grow older they learn to do their proper work. There are no 'occupational inverts' in Lingthem.

From about the age of six children should be able to assist and accompany their elders in all forms of work. Boys are thought to be a little slower in learning than girls. A six-year-old girl should be an active help to her mother; boys at that age are still learning and aren't a real help to their fathers till a year or so later. When a child has acquired complete physical independence any signs of precociousness or adaptability which will make it more quickly a useful member of the household are looked for and encouraged. There are a number of household chores—particularly the fetching of water and firewood—which are considered specifically children's work; adults who have to do such jobs for themselves feel that they are slightly ill-used; it will be remembered that one of the reasons for childless people adopting a boy was to get somebody to do such work.[7] Children also do light work in the fields; a child can collect twigs and drop seeds as well as an adult.

As soon as children can talk properly adults stop using baby language to them; indeed young children are talked to very little, for it is not considered that they will be able to talk reasonably until they have lost their milk-teeth. At about the age of five children —especially the children of lamas—are taught and encouraged to

[7] See Chapter Six, p. 178.

1: Gorer J-5 (1937)1938 AK5 Lepcha AK5

or fruits, or kick them about, or perhaps improvise syphons out of bamboo. Very often at feasts and large gatherings half a dozen children will play simultaneously at the same thing, but each playing by himself. At the numerous feasts and ceremonies I was present at over three months I only once saw children playing together, and this was a tug-of-war which lasted two or three minutes.

One of the chief pursuits of the older boys is the imitating of bird calls and the catching of small birds, usually in bamboo and thread snares. Nearly every boy over the age of nine could imitate bird calls accurately through whistling, and some of them were extraordinarily good at it; Chimpet in particular was so exact that unless I looked I could never tell whether it was a boy or a bird calling. Besides this direct imitation of bird calls, which is often used to lure birds to snares, the Lepchas have nonsense-syllable equivalents (similar to our *tu-wit to-whoo*), most of them extremely unlike the calls they represented, though the Lepchas maintained they were accurate. If the boys catch edible birds in their snares they take them home as presents to their mothers. A few of the older boys also learn to make and play bamboo flutes, receiving instruction from some older brother or friend.

When children do play together it is always an imitation of adult life (the one rare exception is the imitation of fighting animals). The courtyard outside the house is the favourite scene for these plays; using small sticks or bamboos which they cut with their little knives they play at building houses or making bridges or at fencing fields; at other times they may intimate a marriage or the performance of some religious ceremony. These plays are relatively rare, for they demand the simultaneous liberty of four or five children, which does not occur very often. They hold very little place in the childhood memories of adults. The chief things adults seem to remember from their childhood are physical mishaps, usually from falling, and being punished; nearly all adults remember being carried by their elders before they could walk properly.

Children between the ages of five and ten have a special almost private vocabulary which they use in talking to one another and which is much employed in their plays. Part of this vocabulary is baby words—deformations of ordinary Lepcha speech and onomatopoeic words; the rest is made up of rather violent terms of abuse—*pahoo ʒo*, may you be a feast for devils!, *kan-tit*, heap of

2: Morris T-5 (1937)1938 AK5 Lepcha AK5

159 Gangtok, where he was employed as a scullion. He was at this time already a Lama, and after a year ran away, because he "could not bear to commit the sin of killing chickens for the Maharaja's table." While he was in
● [868] Gangtok he learnt a certain amount about European cooking, for which he appears to have had some aptitude. His brother told me that when he first came back to Lingtem he complained perpetually about the dirtiness of the cooking pots at home, and used to spend all his time polishing them.
[515] This was only a passing phase, however; for now, added Tafoor, "he is just as dirty as any other normal person!"

159 Chodu has one daughter and two small sons; the elder of
842 these is only four, but already wears his yellow sash. Once, when the wives of Tafoor and Chodu were both pregnant, it was apparent that Tafoor's wife would give birth to a son and Chodu's to a daughter, since the former's child was high up in the womb. Tafoor, however, wished for a girl and Chodu wanted a boy. They talked to their wives; and found them willing for the sexes to be changed. All that was necessary was that the two women should exchange presents. This they did; and in due course each gave birth to a child of the sex desired. Chodu says that this change of sex in any unborn child can always be effected up to the fifth or sixth month: after that its sex is definitely settled and cannot be altered. When the sex of a child has been changed in this
[828] way it is always liable to indulge in the pursuits of the opposite sex until it reaches the age of puberty; and this is held to be the cause of effeminate boys and masculine girls. Tafoor's eldest daughter should have been born a boy. Although she
[857] is good to the other children and likes looking after the house she is also fond of climbing trees, making bows and arrows (a most unwomanly occupation), and catapulting birds. While she was still in the womb a Lama, a man who did not like Tafoor, came to the house one day and, unknown to the latter, changed the tassel on his rosary. For this reason, the child, although really a male, was born a girl. The sex of an unborn child can only be once changed: and once

2: Morris T-5 (1937)1938 AK5 Lepcha AK5

231 animals that in adjacent Tibet are universally employed for transport. Such loads as have to be transported are carried entirely by men. For this purpose they do not, however, [482] often use the head-strap, the commonest method throughout the Eastern Himalayas, but carry their loads by means of a strap round their shoulders. It usually takes the form of a length of creeper, torn from a tree at the time.

* * * * *

[793] Lamas may not take any form of life, and men should not 231 eat the flesh of animals killed by women; but apart from 857 this there are no restrictions in the slaughtering of domestic animals. There is no ceremony when a child kills its first animal. A boy generally starts to kill chickens when he is about ten; goats and pigs four or five years later. It is thought, however, that a youth should not attempt to slaughter oxen before he is about twenty, and not before he is capable of copulating with a woman. "If he is unable to copulate," said Karma, "he would not dare to kill an ox; he would not be nearly strong enough, and it might easily turn on him. If, however, he is able to copulate then he is strong enough to be able to look after himself." I should add, however, that this is merely a manner of speaking, and that there is no significant connection between the two acts.

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136 The dense forests of Jongu are well stocked with deer 224 (mostly the so-called Barking Deer—*Stylocerus ratna*) and pheasants, so that by means of hunting the people are able to vary and supplement their ordinary diet.

224 A boy usually starts to hunt at about the age of fifteen, 868 and for the first few times he will go out unarmed with some experienced man. Later on he will make or acquire a bow and arrows of his own; and if he cannot make them himself he will get someone else to give them to him. He will never, however, ask his own father for a bow and arrows, unless he too happens to be a hunter, because "hunting is merely

2: Morris T-5 (1937)1938 AK5 Lepcha AK5

play; and a father will want his son to work in the fields."

When a man starts to hunt he must on no account eat any of the flesh of the first hundred animals he kills, unless by any chance he shoots them with a gun, in which case it does not matter. After killing a hundred animals the hunter will find that he has acquired a slight hollow in his right shoulder-blade; and when this appears it is an indication that he need no longer observe this prohibition, the disregard of which is thought to cause body sores and even leprosy. In the meantime the young hunter will hand his game over to friends and relations, who in return will give him chickens and eggs.

Pong Rum is the master of all animals, and for this reason he is the patron saint of hunters. Once every year, generally in October, all hunters make a sacrifice to this god. Parched rice, *chi*, fish, wild birds' flesh, ginger, arum, sugar-cane, banana, and some sticks of wormwood are offered to the god, and it is important that no woman should take any part in their preparation: nor, if possible, should she even know that they are being got ready, or the hunter will have no luck during the forthcoming year. There is no actual ceremony, the hunter merely taking all these articles and depositing them in some place in the forest where the god will see them.

In addition to this annual sacrifice, every time a hunter kills an animal or bird it is usual to singe its entrails and leave them as an offering to Pong Rum. Whenever a wild animal or bird is killed the god is always present and can be heard; he sounds like a stone whistling through the trees. As soon as this noise is heard the hunter will put the animal on the ground and offer it to the god, speaking very slowly and distinctly; but he leaves only the burned entrails behind. On his return home he should take care that no woman sees the animal's head, or it means that he will be unlucky next time he goes out hunting.

A man who goes in for hunting bears makes a kind of bamboo spring, which he fastens into a tree. If the bear treads on this it is at once precipitated into a pit below,

2: Morris T-5 (1937)1938 AK5 Lepcha AK5

846 ritual copulation takes place on the third day after birth,
853 in which case it is known as *Suknong Munlok*, but the procedure is the same. It is only done when the pain is so severe that the woman cannot bear to wait until the seventh day.

863 A child is considered to be naughty if it is dirty in the house after the age of two. When it is about one month old its parents start to teach it to empty its bowels at regular interval, and it is taken out to the veranda for this purpose.
856 By the time the baby is three it is able to crawl, after which it can go to the veranda by itself, or can at least make its wants known to others. A few children can never be taught to be clean, and it is thought that such ones are invariably naughty in later life. No notice is taken of a child which is dirty inside the house up to the age of three, but after this age it is slapped on the bottom or thighs by one of its parents with a brush made from bamboo slivers: it is not punished in any other way.

● 868 At about the age of five girls begin to learn women's work
867 and start to carry water and help husk the grain: boys also are supposed to start learning men's work at the same time; but nobody seems to worry if they spend the whole day playing about amongst themselves. At this time all children are taught that when anyone gives them anything they should accept it in both hands. There is very little idea of personal possession and I frequently noticed that whenever a child was given anything it immediately shared it with its friends. It is the most pleasing characteristic of Lepcha children.

868 Boys are usually given a *ban* at about the age of four, and
412 it is a common sight to see a child of this age already using his knife with considerable skill. Although the knife is almost as big as the child itself accidents never seem to occur, possibly because neither the child nor its parents has any conception of the possibility of danger. Girls are given a sickle when they are eight. This is the female counterpart of the *ban*, and is used to cut grass, and as a general-utility tool. It is worn tucked into the waistband in the small of the back:

2: Morris T-5 (1937)1938 AK5 Lepcha AK5

868 its blade can be seen in most of the photographs of women
412 which illustrate this book, projecting from one side. There is no ceremony when a child is presented with its first knife or sickle.

845 Twins appear to be very infrequent, and there were none
777 in Lingtem. It is thought, however, that identical twins are lucky, fraternal twins being unlucky unless the girl is born before the boy, in which case it does not greatly matter.

853 When a child cries it is immediately given the breast, even
862 at night, and it is never at any time fed at regular intervals.
858 It sleeps with its mother until it is about five or six, or until the arrival of another child. The youngest child is never weaned and generally sleeps with its parents until it is about twelve years of age. There is no doubt that this has a considerable psychological effect upon the child, for it is very easy to recognise the youngest of a family at all stages of its life. As children they are much more fractious than others, and in later life are inclined to be neurotic. I am aware that this is a generalisation and as such not to be taken too seriously; but nothing short of a prolonged investigation by a trained psychologist, carried out over a considerable number of years, would give evidence of scientific value. I am informed, however, by the Hon. Mary Scott, who has been doing missionary work with the people of the Eastern Himalayas for the past thirty years, that Lepcha girls, when the youngest member of their family, are almost invariably of loose morals. She attributes this—rightly, I think—to the fact that such children have nightly physical contact with their parents until a much later age than is normally the
[848] case. When this is suddenly denied them it seems the natural thing for them to seek some other form of bodily contact; and thus it comes about that young mothers of illegitimate children are very frequently themselves the youngest of their families; but the evidence is insufficient to know if the two states can be definitely correlated. I am inclined to think, however, that they can; but this is merely a personal opinion.

853 Should a baby that is still being breast-fed become ill its
757

11:Hermanns M-5 (1951)1954
AK5 Lepcha AK5

dress is with sleeves) held with a girdle, and a jacket over it. The head gear consists of a cloth worn in the manner of the Nepalese women. The old head-dress for the men was a thimble-shaped hat woven from bamboo; see book-cover. (Fig. 33-36).

The Rong folk wear rings, bracelets, and necklaces as ornaments. But one will never come across a case of a Rong wearing any ornamentation to the nose, the feet and the toes. The most common implement used by the women is the sickle. A bent sickle hook-shaped at the upper end is called bahur in the Lepcha tongue, and kurpa in Nepalese. It is used for cutting wood and the branches of trees. Another kind of sickle, in the shape of a half moon, is called angsu (sikāl in Nepalese) and is used to mow grass and weeds. The third type has a toothed edge, and is used as a kind of saw. It is called angsu in Lepcha and ancher in Nepalese. A girl is given her sickle at the age of seven or eight, and the boy his knife, so that from a very early age they may be able to practise the use of the most universal of instruments. Usually it is carried in the belt at the back. (Fig. 37-44)

The most important of the implements used for farming is the wide shovel-like hoe, and it is used for loosening the earth and clearing it of weeds. There are in addition two or three pronged hoes used for loosening the earth and relieving it of weeds.

The plough has been taken over from the Nepalese. It consists of a horn shaped piece of wood, which is tipped by the iron ploughshare. The drawing beam goes up from the centre and above is the plough handle with a handle to steer with. The beam is fixed to the yoke which is drawn by two oxen.

The economy of the Rong corresponds entirely with that of the other mountain peoples of South-East Asia and South China, *e.g.* the Miau. They were originally hunters who have taken over to farming. They have certainly not learnt the old agricultural economy from other peoples, but they absorbed into themselves the people who practised the arts of farming. Domestic animals are reared mainly for the purpose of sacrifice and not for any economic gain, and they are of the greatest importance. The combination of hunting with